

PACIFIC NORTHWEST ALUMNI OF FOSTER CARE

“A voice for those too little to speak, those unable to speak and for those too wounded to speak.” ~ Delilah Bruskas, Alumna

WELCOME! *We have been waiting for you.*

The **“loss** of a loved person is one of the most intensely **painful** experiences any human being can suffer.”

~ John Bowlby
Child psychiatrist and psychoanalyst

Lifelong **connections** to others assists the **healing** process faster than just therapy alone.



PACIFIC NORTHWEST ALUMNI OF FOSTER CARE (PNAFC)
AND FOSTER CARE ALUMNI OF AMERICA (FCAA)

**HAVE PARTNERED TOGETHER
TO OFFER YOU A COMPLIMENTARY FCAA MEMBERSHIP!**

We believe your voice is important and invite you to join the alumni movement. Together, we can learn what is happening, lend our voices, and impact policy and practice to improve foster care experiences. To learn more, please visit:

<https://www.fostercarealumni.org/A.htm&code=PacificNW>

To “Explore the Culture of Foster Care” and learn more about FCAA please visit:

www.fostercarealumni.org

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▲ WHO WE ARE

Pacific Northwest Alumni of Foster Care is a voice for youth and alumni of foster care to create a community, state and national awareness of foster care issues.

The **purpose**...of this awareness is to facilitate social changes that improve the quality of life for children in foster care.

We **believe**...that the loss of family through foster care is a traumatic experience and that children of foster care deserve support and guidance during their time of distress.

▲ WHAT WE DO

We **provide opportunities**...for those in and from foster care to communicate with each other.

We **partner with others**...to develop a voice for youth and alumni of foster care.

*Connect
with
others*

